



## **MENTAL HEALTH SERVICES**

*Aroostook, Hancock, & Washington Counties*



# **AMHC**

**[www.amhc.org](http://www.amhc.org)**

AMHC is a Certified Community Behavioral Health Clinic offering integrated mental health and substance use treatment services.

**1-800-244-6431**

**[callcenter@amhc.org](mailto:callcenter@amhc.org)**

# OUR SERVICES

## **Mental Health Outpatient**

Available in Fort Kent, Madawaska, Caribou, Presque Isle, Houlton, Calais, Machias, and Ellsworth, offering:

- Individual/Group Treatment
- Couples/Family Therapy
- Medication Management
- Employee Assistance Program (EAP)
- Student Assistance Program (SAP)

## **Psychological Testing**

Provided in schools or AMHC outpatient offices, with services for veterans available at the VA in Caribou.

## **Behavioral Health Home (BHH)**

Holistic case management for adults and children with behavioral, physical, and emotional needs, available at various locations.

## **Home & Community Treatment (HCT)**

In-home clinical service for youth and their families to manage mental health symptoms.

## **Community Integration**

Case management offers skill and resource-based interventions for independent living, provided at home, community, or outpatient offices.

## **Adult & Children Residential**

24/7 staffed facilities providing structured treatment for behavioral health challenges.

## **County Ride**

Transportation support for adults 18+ with serious mental illness in Aroostook County, under Section 17 eligibility.

## **Supportive Housing**

Stable, affordable housing in Aroostook County through subsidized programs.

## **Mental Health Support Centers**

Harvest Inn and Valley Mental Health Support Centers assist anyone with self-identified mental health or co-occurring substance use challenges.



# AMHC

For a full description of all services, please visit:

**[www.amhc.org/mentalhealth](http://www.amhc.org/mentalhealth)**

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