



AMHC.org/SubstanceUse  
AMHC 24/7 Call Center: 1-800-244-6431



## TAKE THE FIRST STEP TOWARD CHANGE

### Fast Access to AMHC Substance Use Treatment

At AMHC, we provide accessible, supportive, and tailored comprehensive substance use treatment options designed to meet your needs. We focus on holistic services offered in Fort Kent, Madawaska, Caribou, Presque Isle, Houlton, Calais, Machias, and Ellsworth.

### WHAT DO WE OFFER?

**Same-Day Access:** Get started with treatment the same day you reach out.

**In-Person and Virtual Care Options:** Support you can access in your community or from the comfort of your home.

**A Holistic Approach:** We integrate treatment, coaching, and counseling to address substance use and related issues.

#### Comprehensive Services:

- Assessment
- Individual and family counseling
- Intensive outpatient group counseling
- Co-occurring mental health treatment
- Medication for Opioid Use Disorder (MOUD), such as Suboxone
- OPTIONS referral

### WHY CHOOSE AMHC?

- We accept most insurances and a sliding fee scale for those uninsured or underinsured, ensuring services are available regardless of your ability to pay.
- Our care combines substance use, and if needed, co-occurring mental health treatment.
- We provide flexible in-person and virtual care options to meet you where you are.
- Our team is dedicated to helping you with personalized support every step of the way.

### THE NEXT STEP STARTS WITH A CALL

Taking the first step is the hardest, but you're not alone. At AMHC, we're here to support you with coaching, counseling, and medication to help support a successful journey. Call our 24/7 Call Center at **1-800-244-6431**.

